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EDMONTON • TUESDAY, SEPTEMBER 15, 2009

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Dirty Dancing star Swayze dead at 57

ACTOR Patrick Swayze, the hunky actor who danced his way into viewers' hearts with *Dirty Dancing* and then broke them with *Ghost*, died yesterday after a battle with pancreatic cancer. He was 57.

"Patrick Swayze passed away peacefully today with family at his side after facing the challenges of his illness for the last 20 months," said a statement released yesterday evening by his publicist, Annett Wolf. No other details were given.

Fans of the actor were saddened to learn in March 2008 that Swayze was suffering from a particularly deadly form of cancer.

He had kept working despite the diagnosis, shooting *The Beast*, an A&E drama series.

A three-time Golden Globe nominee, Swayze became a star with his performance as the misunderstood bad-boy Johnny Castle in *Dirty Dancing*.

THE ASSOCIATED PRESS



Lucy the elephant is pictured at the Valley Zoo in Edmonton yesterday.

Valley Zoo rules out Lucy move

Bob Barker visit still on

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

Lucy the elephant, without question, will not be moved to warmer climates, Valley Zoo officials said yesterday.

"We will not consider moving Lucy to an American animal sanctuary, or anywhere else," Linda Cochrane, general manager of city community services, said. "She will stay at the Valley Zoo where she's calm and comfortable."

Officials claim the announcement was not timed with the impending arrival of game show host Bob Barker, who will bring PETA's "Save Lucy" campaign to Edmonton Thursday.

After an abscessed molar thought to be the cause of her respiratory problems fell out, the 34-year-old Asian elephant was examined by an independent veterinarian. Despite the tooth's departure, the vet discovered inflammation, which further hinders her breathing.

"It is my opinion that it would (be) unethical for any veterinarian to recommend moving her and, in fact, would be malpractice

to sign a health certificate for her at this time," Dr. James Oosterhuis wrote in a letter to the zoo.

Zoo officials say they won't speculate on what will happen to Lucy if her breathing improves, or if they'll move her to a sanctuary.

Though "the zoo's long-term goal is to not house elephants," a "companion animal" may one day share space with Lucy, Cochrane said.

"If they're making one elephant as miserable as Lucy is, I can't imagine why they would want to make another as miserable," Barker told Metro yesterday.

Despite the zoo's firm stance, Barker said he'll still come on down to Edmonton this week with a team of elephant experts, though they won't be allowed to examine Lucy.

He insists a panel of experts is needed to care for her.

"Our goal is exactly the same. We used to say 'free Lucy.' Well, she can't be freed right now, because she is ill, but we want to 'save' Lucy with better medical treatment than she's received in her whole life, and deserves."

News on the Move

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Food pg 14



Greeks do pasta as well

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THROUGHOUT THE DAY

Parents seek help in search for missing son

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

FAMILY A Quebec couple has travelled more than 4,500 kilometres following the birth of their granddaughter and the disappearance of their son.

Martin Belanger has yet to meet his baby girl, newborn Martia-Cherish, as he left his Spruce Grove home on May 22 and never returned.

"We don't know where he went, when he left and we don't have any information," Spruce Grove RCMP

Const. Barbara Roy said.

Francis and Ginette Belanger made a desperate appeal to the public yesterday in hopes anyone with information about their 24-year-old son will come forward.

"They believe and hope they could find him," an in-

terpreter speaking on behalf of the couple said. "They want the community to see this is a big scream from their hearts."

Martin used to call his mother multiple times per week, Roy said.

"For him not to call is very unusual," she added.

His Ford F-150 was discovered in the village of Tomahawk two weeks after he disappeared, though Roy says it didn't provide any leads in the case.

"We are really sad right now," the interpreter said. "We need anyone with information to call police."



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Local



Library launches innovative catalogue

The Edmonton Public Library has launched a new, social networking-inspired catalogue. Create reading lists, share opinions with other readers on sites like Facebook and browse for books virtually in the new catalogue. For more info, visit epl.ca/newcat.

METRO EDMONTON



2-year-old killed in hit-and-run

HINTON A two-year-old girl was killed in a hit-and-run in Hinton on Sunday.

Hinton RCMP said in a release that the girl's parents momentarily lost sight of her in a condo parking lot at 109 Seabolt Dr. around 5 p.m. when she was hit. She later died in hospital.

Police say with no eyewitnesses, the circumstances surrounding the child's death are unknown. Investigators are asking anyone who may have witnessed the incident to call Hinton RCMP.

METRO EDMONTON

News in brief

ARREST A second Edmonton man has been charged in connection with a July homicide. Andrew Valente, 28, was arrested Sunday in Toronto on warrants for second-degree murder, robbery and credit card fraud in relation to the death of Preshendra Pillay.

METRO EDMONTON

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WHAT'S ONLINE TODAY

Your Money Allan Small looks at ways investors can protect themselves from inflation as the market recovery continues at metronews.ca/investing



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Hawrelak Park Close call



Cornell Pasay enjoys the above-average September weather with a game of football yesterday at Hawrelak Park.

Police warn public regarding release of violent sex offender

RISK Edmonton police are warning the public about the release of a violent sexual offender.

Gilbert Laurie Jacquard, 27, was recently released into the community after serving 30 months in jail for a number of offences, including sexual assault and assault with a weapon.

According to a release, police believe Jacquard poses a "risk of significant



Gilbert Laurie Jacquard

harm" to the public, particularly to females involved in an intimate relationship with him.

The release said Jacquard will be bound by "strict conditions" of a one-year recognition order. **METRO EDMONTON**

Road to recovery

Man paralyzed in attack reclaiming independence

VICTORIA HANDSIDES
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For three days after Darin Paquette awoke paralyzed in a hospital bed, he couldn't comprehend how he got there.

"All I could think was, 'Wow, what just happened?'" he said. "Reality hadn't set in."

Paquette doesn't remember the "sucker punch" outside H2O Lounge that rendered him a quadriplegic on June 27.

Witnesses say Paquette was hit and toppled over a cement retaining wall. The fall severely damaged his spine.

"I realized I had no feeling in my legs and my arms. Next thing I knew, they were cutting my clothes off in an ambulance and it all went black," he said.

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He has no clue who attacked him. Police are still searching for those responsible.

"They're faceless to me," Paquette said. "I'm not angry with them. All I can do is be angry at the situation, though I haven't had time to be."

Doctors told Paquette he wouldn't regain most functions.

Nearly three months later, he's talking, eating and operating his motorized wheelchair, all on pure motivation.

"There are things I'll never be able to do again," he said. "There's so much I have to do to get myself to a level of independence, I don't have time to feel sorry for myself."

His recovery at the Glenrose Rehabilitation Hospital is preparing him to move to an assisted-living facility, he said, which is ironically blocks from the Whyte Avenue watering hole.

Friends have joined forces since the attack to raise money for Paquette. Specialized equipment for daily life is costing him thousands.

Hockey memorabilia is up for bids in an online auction ending Sept. 23 at 32auctions.com under the auction ID "music" and the password "for life."

"I can't believe all that's been done for me," he said. "I'm awed."

Coalition launches anti-nuclear campaign

CARMEN WALL
for Metro Edmonton



ENERGY The Coalition for a Nuclear Free Alberta launched a campaign yesterday to show Albertans that there are energy alternatives to nuclear power.

Members of the CNFA gave out green ribbons on the steps of the legislature building and carried a banner displaying their slogan: A Truly Green Energy Future ... Does Not Include Nuclear Power. Similar launches took place in 14 communities across Alberta.

Mandy Melynk, a spokes-

woman for CNFA, said the province hasn't done enough to educate Albertans on the issue, or to look at alternative renewable energy solutions.

The provincial government has flirted with the idea of nuclear power since March 2008, when Bruce Power filed a site application to build a plant in the Peace River region.

The province launched a "broad public consultation" last April, which consisted of surveys and discussion groups. Alberta Energy spokesman Jerry Bellikka said the findings will be released next month in a re-

port. "Our goal is to put (the issue) into perspective and settle on a policy," he said.

He said the government is neither for nor against nuclear power at this point, but will set its policy by the end of 2009.

"I think the last thing Alberta needs is a nuclear power plant," said Kevin Taft, Liberal MLA for Edmonton-Riverview.

Taft said he will continue to work with the public and press the premier on nuclear power issues.

The CNFA will hold a mass rally at the legislature on Oct. 27.

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The owner of a fishing vessel from Newfoundland that sank on the weekend with the loss of at least one crew member says the tragedy might have been avoided if the federal government had based a helicopter in St. John's. The search and rescue helicopter station for the province is based in Gander, in central Newfoundland. **THE CANADIAN PRESS**

Helicopter based on coast needed, says sunken boat's owner

Canada



Clement denies anti-gay claims

Industry Minister Tony Clement, left, denied yesterday he directed his department to give any special scrutiny to gay-themed tourism events, and lashed out angrily at opposition suggestions that homophobia motivated government funding decisions. Clement insisted he did not oust cabinet colleague Diane Ablonczy from the helm of a tourism program after she approved funding for Toronto's gay pride week. **THE CANADIAN PRESS**

NDP poised to prop up Tories

The NDP is likely to support the Conservative minority government in a confidence vote this Friday and avert another federal election — at least for now — party sources told The Canadian Press.

The highly anticipated ways and means motion later this week clears the way for a future vote on budget items such as tax credits for home renovation, textbooks and the

working poor.

The Liberals will vote against the motion after Michael Ignatieff said his party can no longer keep the government afloat. The Bloc Québécois are still uncertain which way they'll go.

But the NDP sent a signal that it will vote to support the Conservative government on a confidence measure for the first time since Prime Minister

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Stephen Harper formed a government almost four years ago.

There may be little lasting political damage for

the NDP in voting for popular tax credits. Nor would it be difficult to back a new change to Employment Insurance proposed Monday by Human Resources Minister Diane Finley.

All bets are off for future confidence votes, New Democrats insisted. The NDP hopes to extract more concessions from the government as the parliamentary session unfolds.

THE CANADIAN PRESS

Soldier's death prompts debate over Afghanistan

MILITARY The death of another young Canadian soldier has provided the kindling to reignite the debate over the usefulness of Canada's role in Afghanistan — and even Gov. Gen. Michaëlle Jean waded into the issue yesterday.

The death of 21-year-old Pte. Patrick Lormand, Canada's 130th soldier killed in the mission, prompted impassioned praise from the country's top-ranking soldier in Afghanistan. Brig.-Gen. Jonathan Vance also aimed a stern rebuke at a Liberal senator who publicly expressed doubt about the mission's potential.

Senator Colin Kenny, the chair of the Senate Committee on National Security,

ty and Defence, suggested Canada should scale back its role in the remaining year of its combat mission.

Canada's normally apolitical Governor General issued a statement describing an emotional trip she took to Kandahar last week, and applauded the good work of Canada's soldiers.

"It broke my heart today to learn of the death," Jean wrote on her website.

"As a tribute to Private Lormand, I would like to reflect on the mission for which he so bravely gave his life, because, not three days ago, I was with our soldiers in Afghanistan to honour the difficult and remarkable job they are doing." **THE CANADIAN PRESS**



News in brief

OBAMA Energy, the economy and Afghanistan will be the top items of discussion when U.S. President Barack Obama hosts Canada's prime minister for an hour-long White House meeting this week. Stephen Harper will sit down Wednesday with Obama in the Oval Office. **THE CANADIAN PRESS**

Syncrude enters not guilty plea in duck deaths

ENVIRONMENT Energy giant Syncrude has pleaded not guilty to charges stemming from the deaths of hundreds of ducks on an oilsands tailings pond in northern Alberta.

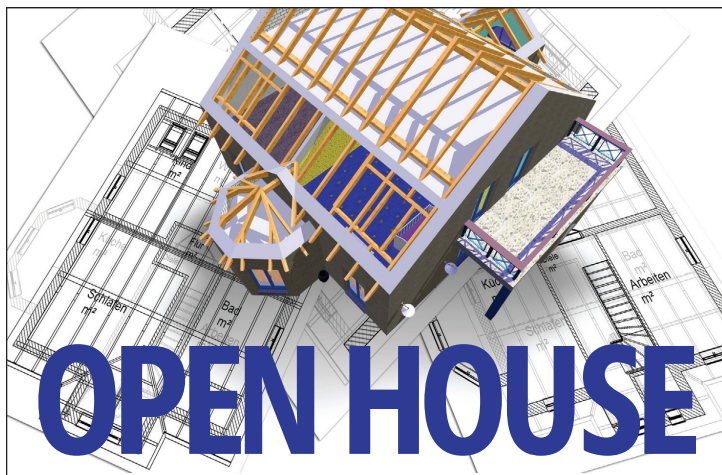
Syncrude entered the plea in an Edmonton-area court to charges under the

Migratory Birds Convention Act and the Alberta Environmental Protection and Enhancement Act.

The company says it did all it could to prevent the deaths of 1,600 birds in April of 2008 and that it's not legally responsible for them. At the time of the

deaths, the company said electronic cannons used to scare the birds away were not operating because of trouble with the equipment — a problem Syncrude says won't happen again because of the installation of new technology.

THE CANADIAN PRESS



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| SOUTHEAST LRT | |
| MONDAY, SEPT 21 5:00 - 9:30 PM | Woodvale Facility (Mill Woods Golf Course), 4540 - 50 Street |
| WEDNESDAY, SEPT 23 5:00 - 9:30 PM | Old Timers' Cabin 9430 - 99 Street (Scona Road) |
| WEST LRT | |
| TUESDAY, SEPT 29 5:00 - 9:30 PM | City Room, City Hall 1 Sir Winston Churchill Square |
| WEDNESDAY, SEPT 30 5:00 - 9:30 PM | Fantasyland Hotel, Ballroom West Edmonton Mall (Entrance 51 or 52) |

Doors open at 5:00 pm. Presentations at 6:00 pm and 8:00 pm (drop-in). Project staff will be on hand to answer questions throughout the evening.

Route maps and supporting documentation are also available online at www.edmonton.ca/LRTProjects.



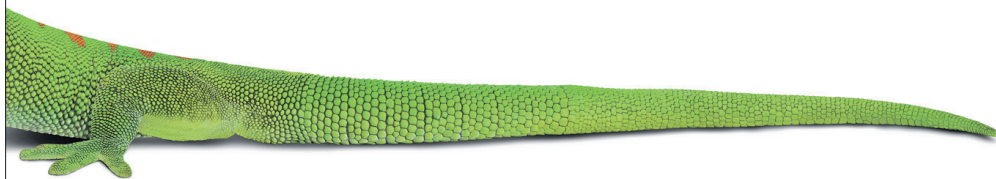
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More bad news for journalists: The percentage of people who believe their work is inaccurate and biased continues to grow. Nearly two-thirds of Americans surveyed by the Pew Research Center for the People & the Press believe that news stories are often inaccurate. **THE ASSOCIATED PRESS**

World



Speaking up for Tanzania's albinos

A Canadian rights group says it will not rest until there is an end to the murder of albinos in Tanzania — a minority often hunted down for their body parts to be used in witchcraft. Since 2007 at least 53 albinos have been killed in various parts of the east African nation, with most incidents occurring in the remote northwest regions of Shinyanga and Mwanza, where superstition is deep-seated. **REUTERS**

Obama warns Wall Street

President Barack Obama sternly warned Wall Street yesterday against returning to the sort of reckless and unchecked behaviour that threatened America with a second Great Depression.

Even as he noted the U.S. economy and financial system were pulling out of a downward spiral, Obama warned financial titans on the first anniversary of the Lehman Brothers collapse that they could not count on any more bailouts.

He credited his administration and the \$787-billion stimulus package rammed through Congress in the first days of his taking office for pulling the country back from the brink.

"We can be confident

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that the storms of the past two years are beginning to break," he said.

And even as the economy begins a "return to normalcy," he said, "normalcy cannot lead to complacency." Nevertheless, Obama said, "Instead of learning the lessons of Lehman and the crisis from which we are still recovering, they are choosing to ignore them."

THE ASSOCIATED PRESS

Philippines Demand for troops to leave



Protesters shout slogans during a rally outside the U.S. Embassy in Manila yesterday to protest the continued presence of U.S. troops in the Philippines through the Visiting Forces Agreement, or VFA. The U.S. troops are currently stationed in southern Philippines to help the Philippine military in its fight against terrorism in the wake of terrorist attacks on U.S. soil in Sept. 11, 2001.

News in brief

U.K. In a case that altered airport security worldwide, three British Muslims were imprisoned yesterday for at least 30 years each for a plot to kill thousands by blowing up transatlantic airliners with liquid explosives hidden in soda bottles.

PAKISTAN A missile fired from a suspected unmanned U.S. drone slammed into a car in a Pakistani tribal region close to the Afghan border yesterday, killing four people, intelligence officials and residents said. The apparent American missile strike was the latest of more than 50 in the northwest region since last year.

MURDER Clues increasingly pointed to an inside job yesterday in the slaying of a Yale graduate student whose body was found stuffed inside a wall five days after she vanished from a heavily secured lab building accessible only to university employees.

THE ASSOCIATED PRESS

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Comment

Attacks on the horizon

Get ready for down-and-dirty politics if election called

NationalReport

Lawrence Martin

metronews.ca/nationalreport

The debate on health care in the United States, hijacked by lame-brained, right-wing radio talk jocks, is comparable to the debate on coalition government here. Level of intelligence? Subterranean.

In the U.S., Barack Obama's enlightened effort to bring health care to 45 million Americans without it is being distorted into a socialist takeover of Washington.

But perhaps we shouldn't chide them too much. Up here, we're running the risk

in the coming election, should we listen to the Conservatives, of socialist and separatist hordes taking over Ottawa.

Yep. It's that bad. In every election campaign, it should be said, the bullshrine metre rises. But in the coming one, look out. It threatens to go off the charts. The prime minister alleged the coalition takeover plot in a closed-door speech. His Conservatives, experts at dirtball, have dredged up an out-of-date quote from Michael Ignatieff saying he supports a coalition and are using it in an attack ad.

With their myriad distortions the Conservatives have turned the idea of a coalition into something worse than swine flu. Coalition governments have been common in Europe.

Canada had its own coalition government in the First World War and the country didn't fall apart.

We need to bear in mind also that since minority governments are frequent due to our multi-party makeup, coalitions may well be the way of the future in this country. The problem for the Conservatives — and the reason they detest coalitions — is because they have no natural partners to link up with.

No one should wish the Bloc Québécois to be a formal part of any coalition. But the reality is that minority governments will often be reliant on their support for survival.

As was revealed in a letter to the Governor General released by the Bloc last year, Stephen Harper, as opposition leader, was prepared to

co-operate with the Bloc and the NDP to create an alternative to Paul Martin's Liberal minority if the opportunity presented itself.

Last year, an agreement was reached wherein the Bloc agreed not to bring down a Liberal/NDP coalition for 18 months. Despite his letter to the Governor General, the PM, in high dudgeon, portrayed the arm's-length arrangement as some sort of Armageddon. He scored so high in the court of public opinion with the gambit that no one dares use the c-word again.

It's wild. It's like the demonization of national health care in the U.S. It's Rush Limbaugh come north.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

THE LIBERALS ARE FORMING A COALITION. HAVE THEY NO SHAME?



MICHAEL DI ADIOR

Views

Dreaming of a date with George Clooney

ModernLife

Georgie Binks

metronews.ca/modernlife

Every year on a sunny September day, I doll myself up, in an understated way, head down to Yorkville and accidentally bump into George Clooney at the Second Cup.

Overwhelmed by my wit, depth and unusual looks (so different from the women he dates) George immediately falls for me. We play hide-and-seek in Kensington Market, laugh as we eat butter chicken at my favourite Indian restaurant and, well, the rest is history — or rather fantasy. As the Toronto International Film Festival hits town every year I enjoy my "George" fantasy. (He loves that we

share the same name.)

It's my secret life with George (what a great movie title!), which I've always thought was mine alone until I headed downtown last week and discovered the entire female population of Toronto (and likely the world) harbours the same fantasy and lurks everywhere trying to fulfil it. For instance, when I walked into my optometrist's office, the receptionist inquired, "Have you seen George Clooney?" My head whipped around. "Why is he out there?" "No, but I hear he got

mobbed eating sushi last night."

Another patient arrived at the desk. "Oh, you mean George." As if she was on a first-name basis with him. No sooner than do I feel like my dirty little secret is everyone else's, too, when a sales clerk informs me a busload of women has swarmed through her store and onto the streets looking for a man with a bandaged hand, which Clooney is apparently sporting.

Women tell me they love everything about him, from his puppy dog eyes to the fact he doesn't take himself too seriously. I think there's also that feeling that nabbing George, the

über single man, would be an achievement far surpassing being prime minister, winning the lottery or, for me, finding a product that would give my hair volume.

One woman tells me, "I love George because he dates everyone — it doesn't matter what age."

"He's dating women our age now?"

"No — but every other age."

Which brings me back to reality — that with the passage of time my daughter, 22, is now old enough or young enough to date George. This unfortunate (for me) scenario now has me as George's mother-in-law and serving him mashed potatoes.

Wait. My new fantasy is George reads this with his morning coffee and picks up the phone ...

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com

Worth mentioning

Elections Canada preps for possible vote, flu outbreak

Canada's election agency is stockpiling hand sanitizer as it prepares for a possible election and a potential swine flu outbreak.

A spokeswoman for Elections Canada said yesterday each polling station will have two bottles of hand sanitizer along with posters urging flu-stricken voters to cough into their sleeves and wash their hands.

"The health and safety of Canadian voters during a general election is a priority for Elections Canada," Diane Benson said. "Elections Canada is tak-

ing appropriate steps in line with government of Canada guidelines to provide Canadians with a safe and healthy voting environment."

Benson wasn't immediately able to say how much it will cost to stock each voting station with bottles of hand sanitizer.

The agency detailed its plans after the New Democrats asked Canada's top election official if the country is prepared to go to the polls in the event of a swine flu outbreak.

THE CANADIAN PRESS



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33%

The number of Canadians who say either they or someone close to them have/had been a victim of identity theft.



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The woman who inspired a fight to unionize a Southern textile plant and was later depicted in the 1979 film Norma Rae has died at age 68. The film recounted Crystal Lee Sutton's battle against low pay and poor conditions at J.P. Stevens in northeast North Carolina. **THE ASSOCIATED PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Household net worth rose in Q2: StatsCan

Statistics Canada says Canadians grew wealthier in the second quarter, mostly because their stock market investments began recovering from the deep sell-off during the recession.

The agency says household net worth grew by \$141 billion to \$5.6 trillion

for the third consecutive quarter during the April-June months, a time when the Toronto Stock Exchange index advanced by 20 per cent.

But the agency notes that Canadians also started taking on more debt during the period. The forays into borrowing were

\$5.6T Canadian household net worth grew \$141 billion to \$5.6 trillion during the second quarter, a Statistics Canada report says.

"led by substantial mortgage borrowing related to increased activity in the

resale housing markets and an upswing in consumer credit," said the report, released yesterday.

Still, the increase in wealth more than made up for new loans as the ratio of debt to worth edged down to 24.8 cents per dollar of worth from 24.9 cents in the first quarter.

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The agency says the net

worth of corporations fell by \$208 billion in the second quarter.

Government levels of debt rose in the second quarter to 39.8 per cent of the economy from 38.3 per cent in the previous three months and from 36 per cent last year.

THE CANADIAN PRESS

BoC's inflation fixation a risk to economy, say analysts

RECOVERY The Bank of Canada is coming under criticism for having too narrow a view of the economy.

In a new paper, economists Arthur Donner and Doug Peters say the central bank's adherence to fighting inflation at the exclusion of other aspects

of the economy poses a risk to the recovery.

"In our view, the Bank of Canada needs to broaden its formal economic policy objectives," they write in a paper for the Canadian Centre for Policy Alternatives.

"The central bank must have a broader view of the economy and include

employment and economic growth along with inflation as near-term objectives."

The paper comes as policy makers look for ways to avoid the pitfalls that led to the recession.

Bank of Canada governor Mark Carney has mused recently that the institution's mandate may need to be broadened to avert future crises. In a speech last month, Carney talked of an emerging consensus that "price stability does not does not guarantee financial stability."

THE CANADIAN PRESS



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Spain Resto fights swine flu in style



A woman dines at the Silk&Soya restaurant near Madrid, Spain. The eatery claims to be the world's first restaurant with a specific plan to protect against the influenza A (H1N1) virus, also known as swine flu. Menus are washed daily, cooks wear surgical masks and tables are set farther apart.

Exxon starts drilling in Alaska field

ENERGY Exxon Mobil has drilled the first section of its first production well at the Point Thomson field on Alaska's North Slope.

The Anchorage Daily News reports Exxon plans to complete the well by the end of next year and begin production by the end of

2014. The well is part of the first phase of Exxon's planned \$1.3 billion natural gas cycling project at Point Thomson.

Exxon says the field on the Beaufort Sea coastline holds an estimated 8 trillion cubic feet of gas.

THE CANADIAN PRESS

Business in brief

EXECUTIVE PAY Salaries for mining company CEOs rose by nine per cent in 2009, despite an industry slowdown, but cash bonuses fell by 18 per cent, a new report shows. The average annual base pay for Canadian CEOs rose to \$484,000 compared to \$443,000 in 2008, said the sur-

vey by Coopers Consulting Ltd. and PricewaterhouseCoopers LLP.

THE CANADIAN PRESS

AUTO As many as 10,500 Opel jobs in Europe could be cut, nearly half of them in Germany, the co-chief executive of Magna International Inc. said yesterday.

THE ASSOCIATED PRESS

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Note: Please check bank websites. Some rates require a minimum account balance. METRO NEWS SERVICES

EDITOR: FERMIN.DESOUZA@METRONWS.CA

business 11

Your Money

MoneyMatters



metronews.ca/moneymatters

Q I would like to get some renovations done on my home: Re-shingling roof, new flooring, washer and dryer, new fence, snow removal, pool maintenance, window coverings, and painting. I don't want to spend several thousand dollars and discover it does not qualify for the tax credit. Please comment.

— Eddie

A Housing industry service providers promote the Home Renovation Tax Credit (HRTC), but homeowners should check if the job qualifies for the tax credit.

Who and what: A home that is used by your family as a principal residence would be eligible for the HRTC. This may include the home in the city or cottage and land it sits on.

When: Expenditures incurred between Jan. 29, 2009, and Feb. 1, 2010.

How much: Expenditures must be between \$1,000 and \$10,000. This translates to a maximum non-refundable tax credit of \$1,350. The credit reduces tax payable and will not result in a tax refund. Claim on 2009 tax filing.

Which: Expenses incurred would qualify, provided the work done is of an enduring nature that becomes a permanent part of the home.

Your eligible expenses: Re-shingling, new flooring, fence, window covering and painting.

Not eligible: Washer and dryer, snow removal and pool maintenance.

Henry Choo Chong, CGA, can be reached at choohonghrcga@yahoo.ca.

Investing

Allan Small

Allan Small discusses why it's good to look at the infrastructure sector now. Visit metronews.ca/investing.

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Financial call for help

AlisonOnMoney

Alison Griffiths

metronews.ca/alisononmoney

The first call for financial help came three weeks into our daughter's first semester at university. She'd lost her meal card on a Friday night and the office was closed until Monday. No card equalled no food.

Few parents of first-year students will get to the holidays without a supplicating call, text or email. Week-end gatherings, lonely hours racking up the cell-phone minutes put a dent in the student budget.

The semester has started but it isn't too late to put a plan in place to keep students on track financially. You don't want to be over involved or, God forbid, interfering and you do want your children to learn from their mistakes. Financial independence developed now will pay off with a better ability to handle the inevitable education debt upon graduation.

As many as 70 per cent of students starting first year in 2009 will have student loan debt upon graduation and those pursuing four-year programs will average \$25,000 or more.

If you have not done so already, make sure there are two bank accounts in place with lump sums deposited in the savings account and an automatic twice monthly transfer in to the chequing for living expenses.

I recommend the accounts be joint with a parent with both having on-line access. Aside from just keeping an eye on things for the first year, a joint account makes deposits and transfers much easier. Students should pay their own cellphone bills, even if the money is coming from mom and dad. There's nothing like seeing and paying for the cost of going over minutes to rein in the chat.

There will be calls for financial help and a bailout now and then is OK. Just be prepared to draw the line if the overstretched hand becomes a permanent fixture.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Alison's Money Rule:

- Ease college and university students into independence by placing a gentle financial hand on their shoulders.

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Three active NFL players are joining former players in agreeing to donate their brains after death to a Boston University medical school program that studies sports brain injuries. Researchers will study the players' brains and spinal cord tissue to better understand the effects of concussions. **THE ASSOCIATED PRESS**

Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA

Ovechkin works to help children live their dreams

RAF BRUSLOW
for Metro Canada



HOCKEY Scoring impressive goals may be his day job, but helping kids achieve their hockey dreams is just as important for Alexander Ovechkin.

The big-hearted star of the Washington Capitals is not afraid to put his money — and his time — where his mouth is when it comes to giving kids a hockey boost.

Ovechkin was at the Hockey Hall of Fame in Toronto recently to promote a contest that will see him travel to a winning Canadian hockey town to run a practice session for a local kids' hockey team and present a donation of \$8,000 from Energizer to pay for the team's expenses like equipment, ice time and jerseys.

Ovechkin also runs his own charity called Alex Ovechkin's Crazy 8s which buys tickets to every Capitals home game for deserving kids and also invests his time regularly to run skills clinics for budding hockey players.

For Ovechkin it's all about putting kids on the

ice regardless of their circumstances and he says anything he can do right now is just the tip of the iceberg.

"I just want to help kids to live their dream — this is just the beginning of my charity work," Ovechkin said.

His parents supported his love of athletics when he was young, taking him to soccer fields, basketball courts and eventually to hockey rinks. He says the best part of his success now is seeing his parents enjoy it.

"My family (motivated me). My parents gave me everything. I see how happy they are for me and it feels great," Ovechkin said.

On the flip side, Ovechkin suggests kids themselves should be the ultimate arbiter of just how much hockey becomes a part of their young lives. The last thing he wants to see is overbearing parents pushing their youngsters through the sport to fulfill their own long-lost hockey aspirations.

"The most important thing for kids and hockey is that it's all about them ... kids have to want it," he said.

Del Potro takes U.S. Open final

No. 6 seed shocks Federer in five sets

Normally so cool, so consistent, so in control of his emotions and his matches, Roger Federer let the U.S. Open championship slip from his grasp.

Two points from victory against inexperienced, unheralded Juan Martin del Potro of Argentina, two points from a sixth consecutive title at Flushing Meadows and a record-extending 16th Grand Slam overall, Federer, quite simply, fell apart yesterday.

He railed at the chair umpire. His legs grew weary. His double-faults mounted. He could not figure out a way to stop the six-foot-six del Potro from pounding forehand after forehand past him. In a result as surprising for who lost as how it happened, the sixth-seeded del Potro came back to win his first Grand Slam title by upsetting the

Juan Martin del Potro

Clijsters moves into top 20

• Kim Clijsters moved into the top 20 in the women's rankings yesterday, one day after winning the U.S. Open in her comeback.

The 26-year-old moved into 19th in the WTA rankings. She had been unranked following her 2½-year retirement.

No. 1-seeded Federer 3-6, 7-6 (5), 4-6, 7-6 (4), 6-2.

"Can't have them all," Federer said.

He had won 40 consecutive matches at Flushing Meadows. He had won 33 of his previous 34 Grand Slam matches. And he has made the final at 17 of the past 18 Grand Slam tournaments.

Del Potro never seemed intimidated by the setting or the man many consider the greatest tennis player in history.

The four-hour, six-minute match was the first U.S. Open final to go five sets since 1999, and there were no early signs to indicate it would be this competitive — much less end with del Potro down on his back, chest heaving, tears welling, a Grand Slam trophy soon to be in his arms. He is the first man from Argentina to win the U.S. Open since Guillermo Vilas in 1977. **THE ASSOCIATED PRESS**

Rafael Nadal the most lopsided loss of his Grand Slam career in the semifinals Sunday, del Potro came back the next day and rattled Federer.

Del Potro never seemed intimidated by the setting or the man many consider the greatest tennis player in history.

The four-hour, six-minute match was the first U.S. Open final to go five sets since 1999, and there were no early signs to indicate it would be this competitive — much less end with del Potro down on his back, chest heaving, tears welling, a Grand Slam trophy soon to be in his arms. He is the first man from Argentina to win the U.S. Open since Guillermo Vilas in 1977. **THE ASSOCIATED PRESS**

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Bills blow lead late as Pats win

NFL RESULTS

Buffalo 24 New England 25



FOOTBALL Tom Brady threw two touchdown passes in a 1:16 span late in the fourth quarter, rallying the New England Patriots past the Buffalo Bills 25-24 in the quarterback's return.

Brady hit Benjamin Watson for an 18-yard touchdown to make it 24-19. Then, after a Buffalo fumble, Brady, who missed all but the first quarter of last year's opener with a knee injury, found Watson for 16 yards to win it.

THE ASSOCIATED PRESS

Sports in brief

CANADIAN GP The stage is set for Formula One's return to Montreal next year. Grand Prix F1 du Canada Inc., and F1's governing body yesterday reached a settlement in their financial dispute. In a release, local promoter Normand Legault says an announcement that Montreal is back on the F1 schedule is "forthcoming."

CFL The Edmonton Eskimos have re-signed free agent import wide receiver Eric Ware Jr. The former Central Arkansas player had originally signed with the team in March, but was cut after training camp in June.

APOLOGY Serena Williams apologized yesterday for what she called her "inappropriate outburst" during her semifinal loss to Kim Clijsters at the U.S. Open. Williams was short on contrition in the post-match news conference after her profanity-laced, finger-pointing tirade at a lineswoman Saturday night.

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Mirror, Mirror on the wall

Who spends more time looking at themselves: Canadian or American women? It looks like our neighbours log more mirror time each day, according to statistics from global market researcher Synovate. **BEST HEALTH MAGAZINE**

13

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



Friends Julia Chachura (13), Sarah Jasion (13) and Melanie Ridler (13) share a hug — a gesture some U.S. schools have banned.

Caution on ADHD drugs

CELIA MILNE
For Metro Canada

New concerns are emerging that drugs for kids with Attention Deficit Hyperactivity Disorder (ADHD) can be overused and abused.

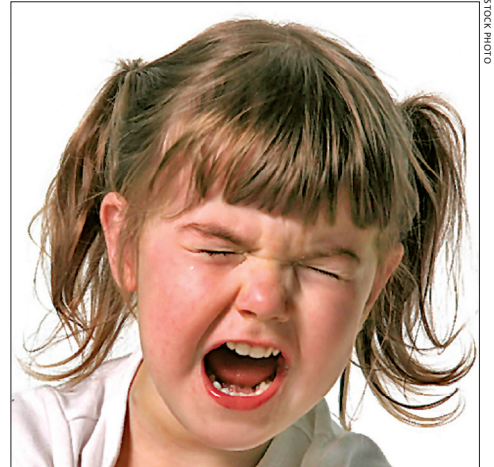
ADHD drugs such as Ritalin are in wide circulation. It's estimated that between five per cent and 10 per cent of children in Canada have the disorder, which means they have trouble focussing and are often hyperactive or impulsive.

Dr. Edmund Higgins, a psychiatrist at the Medical University of South Carolina in Charleston, is concerned that parents and teachers have a lower tolerance these days for mild be-

havioural problems, and that these drugs may be used too liberally. He wrote about this in the July 2009 issue of Scientific American.

In the U.S., prescribing of methylphenidate (brand names Ritalin or Concerta) and the amphetamine Adderall rose 12 per cent between 2000 and 2005. "Over the past 15 years," writes Higgins, "doctors have been pinning the ADHD label on — and prescribing stimulants for — a rapidly rising number of patients, including those with moderate to mild inattention, some of whom ... have a normal ability to focus."

He writes about a child in Grade 6 whose mother came to him asking for Ritalin. But when he tested



Dr. Edmund Higgins is concerned that parents and teachers have a lower tolerance these days for mild behavioural problems, and that ADHD drugs may be used too liberally.

the child, he found an almost-normal ability to focus. Like any medication, the risks are not zero. Higgins points to a smattering of recent studies — mostly in animals — that show these drugs could have negative effects on the brain when kids become adults. These stimulants have a way of acting that is similar to cocaine. There is also some evidence that these medications can stunt growth in children.

We all need more hugs

The J Spot

Josey Vogels

metronews.ca/thejspot

There is a frightening trend spreading amongst today's teenagers. No, I'm not talking about texting each other naked pictures, surfing porn online or even having sex before they learn to drive.

The alarming teenage behaviour that has caused such concern in some U.S. schools that it has been banned is — wait for it — rampant hugging.

Yes, you read that correctly.

Seems hugging is all the rage among teenagers these days. According to a recent Toronto Star article on the "phenomenon," they hug each other to express everything from "hello," "good-bye," or even "hey, it's recess!"

Girls hug each other sideways, putting their arms around each other shoulder's and press themselves cheek-to-cheek in utter glee. The surprise hug comes from behind and usually is followed by squeals of laughter and joy. Guys even hug their guy friends, a behaviour that, in my day, would have resulted in ridicule at best and, at worst, something I can't repeat in a family paper.

While no Canadian

schools have yet gone so far as to ban hugging, the article quotes Kate Dickson, an English teacher at the Toronto School of Liberal Arts who says she requests at least "a ribbon of daylight" between hugging students.

Another school in Edmonton is discouraging its students from hugging, supposedly to stop the spread of H1N1 flu. Right.

Am I the only one who thinks this is absurd? Not only are hugs awesome, they are actually good for you.

Hugging is powerful. Hugging releases oxytocin, the brain's bonding chemical. Studies going back as far as the 1930s have shown that people who did not receive adequate cuddling

and touch as newborns later suffered both mentally and physically, even if all other basic needs were met. Others have shown that old folks who don't get hugs may become senile faster and die sooner.

Maybe instead of banning hugging among teens, we should encourage it more among adults. Hugging your partner several times a day would help keep you connected and your relationship stronger, especially when life gets in the way and we literally and figuratively lose touch with each other.

I say do yourself a favour and hug someone today, will ya?

Visit Josey's
Sexcetera blog
at metro
news.ca/blog

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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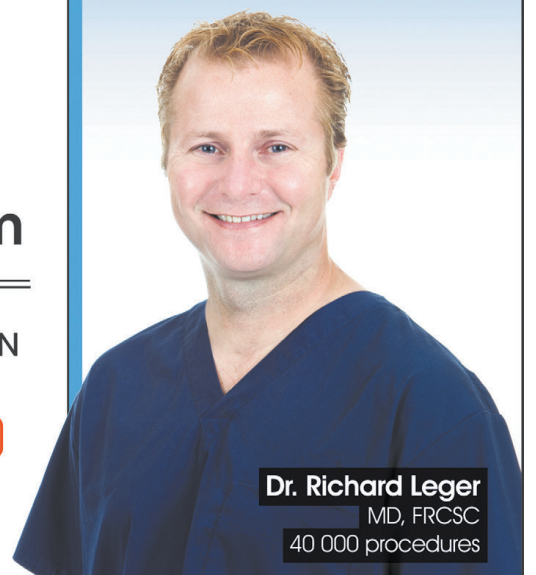
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One of the "seven species" of foods native to biblical Israel, the pomegranate was a key element of Rosh Hashanah — the Jewish new year, starting Friday this year — centuries before promotion of suspected health benefits splashed the juice into all manner of smoothies, cocktails and other drinks. **THE ASSOCIATED PRESS**

Food

As of June, there were more than 1,800 food and drink products that contained pomegranate seeds or juice, says Tom Vierhile a director at market research firm DataMonitor.

THE ASSOCIATED PRESS



Compare

Now look at that number in contrast to four years ago: In 2005, there were just 258 products that contained the fruit's seeds or juice.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Mediterranean morsels

Greek Pasta Bake

SERVES 4

INGREDIENTS:

- 1/2 lb (250 g) ground beef
- 1/2 lb (250 g) ground lamb
- 1 large onion, chopped
- 4 garlic cloves, minced
- 3 tsp (15 ml) dried oregano
- 1 tsp (5 ml) dried basil
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper
- 1/4 tsp (1 ml) dried thyme
- 1 can (14 oz /398 ml) tomato sauce
- 1 can (14 oz /398 ml) diced tomatoes, undrained
- 1 tbsp (15 ml) lemon juice
- 1 tsp (5 ml) sugar
- 1/4 tsp (1 ml) ground cinnamon



Greek Pasta Bake

- 2 cups (500 ml) uncooked rigatoni or large tube pasta
- 4 oz (113 g) feta cheese, crumbled

METHOD:

In large skillet, cook beef and lamb over medi-

um heat until no longer pink; drain. Stir in onion, garlic, oregano, basil, salt, pepper and thyme; mix well. Add tomato sauce, tomatoes and lemon juice. Bring to boil. Reduce heat; simmer, uncovered, 20 minutes, stirring occa-

sionally. Stir in sugar and cinnamon. Simmer, uncovered, 15 minutes longer.

Meanwhile, cook pasta according to package directions; drain. Stir into meat mixture. Transfer to greased 2-qt. (2 l) baking dish. Sprinkle with cheese.

Cover and bake at 325 F (160 C) 45 minutes. Uncover; bake 15 minutes longer or until heated through.

Mediterranean Chicken with Olives

SERVES 4

INGREDIENTS:

- 2 tbsp (25 ml) olive oil
- 2 onions, roughly chopped
- 2 garlic cloves, crushed
- 1 tbsp (15 ml) chopped fresh rosemary
- 1/4 oz (40 g) chorizo sausage, skinned and diced
- 2 large red peppers, de-seeded and roughly chopped
- 1/3 cup (75 ml) sun-dried tomatoes, roughly chopped
- 14 oz (398 ml) can chopped tomatoes
- 1/4 cup (50 ml) dry white wine

- 4 skinless chicken breast fillets or large thighs
- 1/3 cup (75 ml) pitted olives (black, green or both)

METHOD:

Heat oil in large, heavy flameproof casserole dish or deep frying pan. Add onions, garlic and rosemary and cook gently, stirring frequently, 15 minutes until soft and golden.

Add chorizo and peppers and cook over medium heat, stirring frequently, for a couple of minutes or until sausage turns slightly golden.

Add sun-dried tomatoes, canned tomatoes with their juice and wine. Season with freshly ground black pepper, then stir well and bring to simmer.

Add chicken and stir to coat with sauce. Bring to boil, then reduce heat so sauce simmers. Cover and cook 25-30 minutes until chicken is tender and sauce is thick.

Just before serving, stir in pitted olives and cook just long enough to heat through.



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Mediterranean Chicken with Olives

Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

The Fab Two

probably should have been out raking leaves or something, but I spent this past weekend with four old friends:

John, Paul, George and Ringo. Yes folks, I was one of the foolish who bought The Beatles' new boxed CD set — in mono no less.

As a big fan I just couldn't resist giving the Fab Two (and the family members of the other guys) more of my hard earned money. And while I may not be a professional music critic, the new discs sound pretty darn amazing.

To enhance the experience of rediscovering each album, I needed a wine that begged to be sipped and savoured. Masi's 2006 Campofiorin (\$17.45 - \$19.99) was a perfect match for a few reasons.

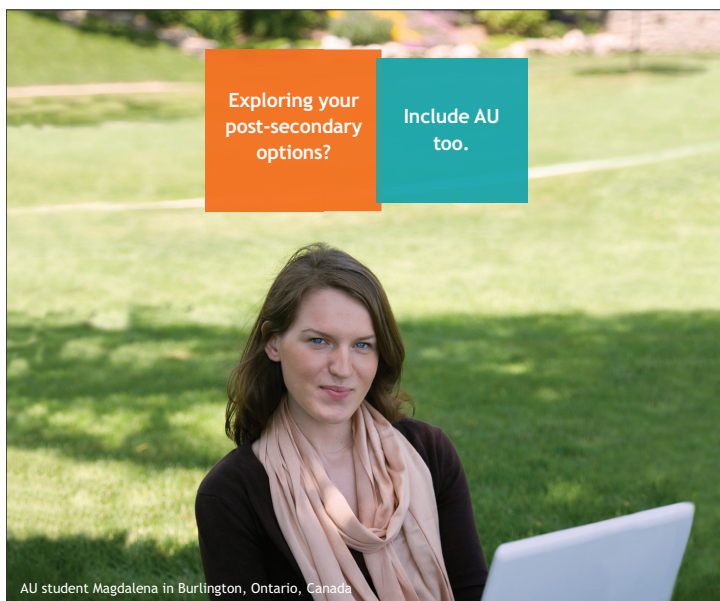
While the red Italian from Veneto shows off lots of fruit (think plum and raisin) that tastes terrific without food; it's sort of a remastered version of Masi's Bonacosta Valpolicella Classico (\$15.45 - \$16.99). A wine that's 2007 vintage is as light and cherry-filled as ever.

As a ripasso wine Campofiorin's flavour profile comes from its juice being passed over the guck left in the vats after the Valpolicella's fermentation. It comes out richer and rounder — just like my new CDs.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.



AU student Magdalena in Burlington, Ontario, Canada

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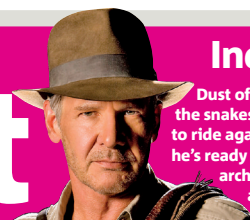
Partridge gets restraining order

The Hills star Audrina Patridge has been granted a restraining order against a fan who showed up on her doorstep with bizarre and macabre drawings, poems and letters. FEMALEFIRST.CO.UK

15

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

**Indy is back**

Dust off the fedora and clear out the snakes — Indiana Jones is ready to ride again. Harrison Ford, 67, says he's ready for the globetrotting archaeologist's next adventure. PEOPLE.COM

Teen bites the dust

Megan Fox devours actor in horror comedy Jennifer's Body

CHRIS ALEXANDER
for Metro Canada

With his boyish good looks and stocky physique, it's a no brainer that Alberta-born actor Josh Emerson would be a hit with the ladies and in his latest film, he lives out the fantasy of every teenage boy in America: Locking lips with cutie de jour, Megan Fox.

Unfortunately for his character however, said kiss is simply foreplay to having his intestines gorily devoured by Fox's comely but cannibalistic demon cheerleader.

Emerson is indeed one of the stars of the heavily hyped horror comedy Jennifer's Body, the latest peek into teen agony from Oscar winning screenwriter Diablo Cody (Juno) and starring Fox as the titular, occasionally toothy, babe. Jennifer's Body is one of two high profile genre films to feature the up-and-coming performer this year, the other is the Adam Sandler produced The Shortcut and, although his star has been slowly rising for years, it seems Emerson's fortunes have changed radically.

"Someone told me once that every overnight suc-



Jennifer's Body is in theatres this Friday

Best friends Jennifer (Megan Fox, left) and Needy (Amanda Seyfried) enjoy an evening together at a local bar in Jennifer's Body.

cess takes ten years," says the young actor.

"Things are definitely happening for me but it's been a long process to get to wear I am now. After graduating, I just went from audition to audition, getting better and better projects. So it's been a long haul."

Emerson has the distinction of being the first classmate devoured by the newly evil Jennifer, in a gory, absurd outdoor sequence that makes a visceral impact. And certainly, getting that close to Fox, was

equally impactful for the actor.

"Oh man, she's Megan Fox, what can I say?" he says, almost shyly.

"She's gorgeous, yeah, but she was also totally professional and, I think that when people see her in this, they'll be amazed at just how good of an actress she really is."

After the buzz for Jennifer's Body dies down, Emerson will go back to his beat of auditioning and trying to take his craft to the next level. Chiefly, he's launching an unofficial campaign to nab the role

of the villainous Venom in the next Spider-Man film.

"I have been obsessed with that character for years. As far as I'm concerned I have to be Venom, it's fate."

Boyle to cover Stones on America's Got Talent finale

A 75-year-old comedian, five tap-dancing sisters, a contorting breakdancer and a drum quartet faced off last night against six vocal acts during the final competition on America's Got Talent.

But whoever is named the winner on Wednesday night's show may find their moment in the spotlight is overshadowed by the appearance of a celebrity guest. It was announced yesterday that Susan Boyle will perform the Rolling Stones classic Wild Horses during the show.

Boyle's debut album, I Dreamed a Dream, which she's been working on with producer Steve Mac, will be released on Nov. 24. Other star performers slated for the two-hour show include Shakira, Leona Lewis as well as Rascal Flatts and the Cirque du Soleil.

As for the America's Got Talent finalists, judges Piers Morgan and David Hasselhoff had indicated who their favourites were prior to last night's show. Morgan deemed opera singer Barbara Padilla "the red-hot favourite" to win the show's \$1 million US prize and chance to headline a Las Vegas show.

Hasselhoff picked the



Susan Boyle arrives in Los Angeles ahead of her appearance on America's Got Talent.

Texas Tenors, a trio of cowboy-hat-wearing men from Houston, as "the front-runner to win this competition."

Viewers of America's Got Talent have until to vote on the finalists via through phone, email and text message.

• The winner of America's Got Talent will be announced on Wednesday night.

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www.greaterinterest.ca



Kylie Minogue fulfilled her lifelong dream by performing alongside Benny Andersson at an ABBA tribute concert Sunday night at the show in London's Hyde Park. She was joined by Andersson for a rendition of When All Is Said and Done. FEMALEFIRST.CO.UK

More sarcasm in the mix

McHale extends Soup humour to NBC's new sitcom Community

AMBER RAY
Metro World News

Joel McHale, host of The Soup, throws snarky one-liners at the vapid reality stars his show lampoons with uncanny ease. That whip-smart sarcasm and wry sense of humour is lent to his character in the new NBC sitcom Community.

As Jeff Winger, McHale is a smarmy defence attorney attending community college since the recent revocation of his law degree.

But even with classes to attend and study groups to mismanage, McHale isn't throwing in the towel — or the mankini — on The Soup just yet.

Q Will starring in Community hurt your street cred and your ability to make fun of other shows on The Soup?

A We don't poke fun at things that are on purpose funny.

So we don't ever have clips from the late night talk shows. We don't ever have a moment from shows that were intentionally funny. I'll show clips from Community to promote the show on The Soup. I will be shameless about that. Since I'm not hosting a reality show — or a contestant on one — I don't think they'll be any conflict.

Q So did you just find yourself not busy enough working on The Soup that you decided to star in a sitcom, too?

A Yeah, I said, "I have a wife and kids, why do I want to spend time with them?" Actually, The Soup doesn't take up as much time as you would think because I can do a lot of it at home — watch television and write jokes. Community has really been the most time-consuming thing I've ever done next to shooting movies and guest-starring roles.



The Soup host Joel McHale points to a Community poster during a Paley Fest event in Beverly Hills, Calif.

Q How much of either show is improvised?

A With The Soup, we write it all out because you have to be regimented to 22 minutes. But then

within shooting the show I add all sorts of stuff. And then with Community, there's improvising in it because the cast are all really good at improvising, but the stories and char-

acters are so strong that we don't do a ton of it.

Q You previously starred in another sitcom, The IT Crowd, that never quite made it to the air. What makes Community different?

A With The IT Crowd specifically, that was a four-camera show with an audience, so it's totally different in that way. Community is shot like 30 Rock with a single camera. The IT Crowd was also a mid-season replacement, so it wasn't the show that (NBC) was trotting out. The regime change at NBC happened right after the upfronfs that year, so it was already kind of done — the network wasn't really as into it as they were their other shows. Community is one of two comedies they picked up (this year). I can't believe how fortunate of a slot we got.

• Community premieres Thursday 10:30 p.m. on Citytv.

Oprah on sidelines in team Obama

POLITICS Oprah Winfrey may have been instrumental in getting Barack Obama elected president, but now claims she's on the sidelines. "I have not said one thing about this political situation and don't intend to," Winfrey said. "Everybody knows that I was a big campaigner for Obama and I still am. I think he's doing a great job. I think that it's the toughest job in the world with the economy and health care and all of that." Winfrey made her comments Sunday night at the premiere of Precious at the Toronto International Film Festival. Winfrey is the executive producer of the movie, adapted from Sapphire's novel Push.

Fans arrested at Manson show

CONCERT Some fans got carried away and extra police had to be called in near Winnipeg's MTS Centre late Sunday night after a concert by shock-rocker Marilyn Manson. Winnipeg police blocked off Portage Ave. as rowdy fans poured out of the stadium. It's unknown how many people were arrested but several people were seen being taken away in handcuffs.

THE CANADIAN PRESS

critics'corner

The Hidden Face of Fear

We all know what it feels like to be afraid, but why does it feel that way? In this new documentary, neuroscientists and psychologists explain what goes on in the brain in response to frightening situations, focusing on three New Yorkers being treated for post-traumatic stress disorder in the wake of the 9/11 attacks. It also explores how the brain might be "rewired" to prevent PTSD. 8 PM on CBCN

Kenya's Style

Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

It through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Mahdi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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| ED | C | B | S | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---------|-----|--------|-----|------|--------------------------------------|---------------------------------|--|---|--|---------------------------------------|--------------------------------|-----------------|
| 9/15/09 | 2 | CFRN | 239 | 318 | etalk | Hollywood | So You Think You Can Dance Canada | Big Bang Th | Law & Order: SVU | | | CTV News |
| | 3 | KHQ | - | 370 | News (N) | Be-Millionaire | Jeopardy! (N) | Wheel-Fortune | The Biggest Loser (Season Premiere) (N) | | | Jay Leno Show |
| | 4 | CBXT | - | 307 | Wheel-Fortune | Jeopardy! (N) | Super Spinners (N) | Being Erica (DVS) | CBC News: The National | | | The Hour |
| | 6 | KREM | - | 372 | News | Hollywood | The Doctors | NCIS "Allyah" (HDTV) | (10:01) Big Brother 11 (Season Finale) | | | |
| | 7 | KCNW | 241 | 347 | Law & Order: SVU | | The Jay Leno Show (N) | The Biggest Loser (Season Premiere) (N) | | | | Your City |
| | 8 | CTV | 240 | 339 | ET Canada | Entertainment | NCIS "Allyah" (HDTV) | (9:01) Big Brother 11 (Season Finale) | | | | News Hour |
| | 11 | OMNI | - | - | Two/Half Men | The Simpsons | Omni News: S. Asian Edition | Omni News: Cantonese Edition | The Simpsons | King | | Metropia |
| | 13 | KXLY | - | 371 | 4 News at 6 | 4 News at 6:30 | Entertainment | The Insider (N) | Shark Tank | Shaq Vs. (N) | | Primetime |
| | 16 | KAYU | - | 373 | The Simpsons | Raymond | Two/Half Men | Two/Half Men | More to Love Luke proposes to one woman. (N) | | | News |
| | 22 | KSPS | - | 374 | NewsHour With Jim Lehrer | The Brain Fitness Program | The Brain Fitness Program | Celtic Thunder - Take Me Home | | | | Note by Note |
| | 24 | WTVS | - | 364 | Retirement Revolution (HDTV) (N) | | Fibromyalgia | Keeping Up | Being Served | Tavis Smiley | Charlie Rose (N) | |
| | 25 | CBCN | 502 | - | CBC News: The National | The Hidden Face of Fear | | CBC News: The National | | | | Face of Fear |
| | 21 | TBN | 505 | 398 | (5) EarthWatch One | EarthWatch One | | EarthWatch Two | | | | |
| | 22 | CNN | 500 | 500 | Larry King Live (N) | | Anderson Cooper 360 (HDTV) | | Larry King Live | | | Cooper 360 |
| | 24 | CTV | 501 | 391 | CTV News Tonight | News | CTV News | News | CTV News | | | News |
| | 70 | BNN | 504 | 508 | Squeeze Play | Business News | Commodities | Market Call Tonight | Headline | Commodities | | Squeeze Play |
| | 20 | TSN | 400 | 400 | MLB Baseball | SportsCentre (HDTV) (Live) | | Off the Record | 2009 World Series of Poker | | | World Series |
| | 23 | net | 408 | 418 | MMA Conn | SportsNet Con. | MLB Baseball Pittsburgh Pirates at Los Angeles Dodgers (HDTV) (Live) | | | | | SportsNet Con. |
| | 47 | SPEED | 417 | 406 | Super Bikes! | Super Bikes! | Jacked! | Jacked! | Pimp My Ride | Pass Time | Monster Jam (HDTV) | Super Bikes! |
| | 94 | SCORE | 410 | 403 | X-Fighters | 24/7 | Score Now | Score Now | Score Now | Score Now | Score Now | Score Now |
| | 9 | EDTAC | 267 | 351 | Alberta Primetime (Live) | Monk | Meet the Fockers ** (2004, Comedy) | Robert De Niro. | | | | Primetime |
| | 17 | TV | 552 | 543 | iCarly | Drake & Josh | Prank Patrol | Malcolm-Mid. | Hates Chris | 8 Simple Rules | What I Like | Family Biz |
| | 17 | TREE | 553 | 546 | Little Bear | Maggie-Beast | Babar | Zigby | Max & Ruby | Dragon (DVS) | Backyardigans | Ni Hao, Kai-lan |
| | 42 | TOON | 555 | 545 | Jimmy Two | Johnny Test | Scoby-Doo | Total Drama | 6TEEN | Futurama | King of the Hill | Go, Diego, Go! |
| | 45 | FAM | 557 | 544 | Zoe 101 | Life Derek | Wizards-Place | Han, Montana | Zack & Cody | Latest Buzz | Wizards-Place | Life Derek |
| | - | TV | 121 | 714 | TVA nouvelles | Le Cercle (SC) | Qui perd gagne (SC) | Caméra café | Taxi 0-22 (SC) | La Promesse (SC) | | TVA nouvelles |
| | 18 | CMT | 575 | 583 | According-Jim | According-Jim | Home Improve. | Home Improve. | CMT on Tour | Reba | Reba | According-Jim |
| | 25 | A&E | 615 | 520 | The First 48 (HDTV) (N) | | The Cleaner (N) | | The First 48 (HDTV) | | | The First 48 |
| | 26 | MMM | 571 | 581 | Wild 'n Out | Wild 'n Out | High School Reunion | The Daily Fix | Wild 'n Out | Wild 'n Out | Wild 'n Out | H.S. Reunion |
| | 29 | FOOD | 603 | 561 | Hell's Kitchen | | Good Eats | Good Eats | Iron Chef America | Unwrapped | Unwrapped | Hell's Kitchen |
| | 31 | SHO | 617 | 522 | Trailer Park | Trailer Park | The Outer Limits | | Destination: Infestation (2007, Suspense) | | | Bones |
| | 32 | DISC | 520 | 505 | Destroyed | Destroyed | After the Catch (N) | Daily Planet | Destroyed | Destroyed | After the Catch | After the Catch |
| | 33 | SLICE | 601 | 562 | Wedding SOS | Wedding SOS | Bulging Brides | Bulging Brides | ET Canada | What Happen? | Average Joe: | Average Joe: |
| | 34 | W | 602 | 567 | House-Sell | Style by Jury | Old Christine | Friends | Friends | Grocery Bag | Style by Jury | Style by Jury |
| | 35 | TLG | 521 | 560 | 18 Kids-Count | 18 Kids-Count | Dancing Twens (N) | 18 Kids-Count | 18 Kids-Count | Dancing Twens (HDTV) | John & Kate | John & Kate |
| | 36 | BRAVO | 520 | 523 | Suzie LeBlanc Musical Quest | Garrett Mason | Trés Portugal | Law & Order | Surviving Disaster "Hurricane" | (10:03) Surviving Disaster | | The Fallen Idol |
| | 38 | SPK | 628 | 584 | Surviving Disaster "Fire" | | | | | | | Amazing Video |
| | 40 | AMC | - | - | (6) The Firm *** (1993, Drama) | Tom Cruise, Jeanne Tripplehorn. | | The Fly *** (1986, Science Fiction) | Jeff Goldblum. | | | |
| | 40 | HIT | 522 | 506 | Cities of the Underworld | Ultimate Engineering | Crime Stories | Corner Gas | Name Is Earl | The Simpsons | South Park | House Party |
| | 41 | COM | 526 | 547 | Just for Laughs | Air Force | 22 Minutes | Stargate SG-1 (DVS) | | Star Trek: Next Gener. | | Trek: Voyager |
| | 43 | SPACE | 527 | 528 | Torchwood | Torchwood (Season Finale) (N) | | | | | | |
| | 44 | WPCH | 294 | 605 | MLB Baseball: Mets at Braves | Ghost Hunters | Family Guy | Family Guy | House-Payne | L.A. Confidential (1997, Crime Drama) | | Ghost Hunters |
| | 48 | TROP | 619 | 525 | Prod. Parker | Prod. Parker | 70s Show | 70s Show | The Outer Limits | ET Canada | Switch | Family Guy |
| | 50 | STAR | 621 | 527 | The View (HDTV) (N) | The Dr. Oz Show (HDTV) | TMZ | etalk | | Hollywood | Extra | Dr. Oz Show |
| | 52 | HGTV | 600 | 567 | SarahCottage | Genevieve | House Hunters | House Hunters | Holmes on Homes | SarahCottage | Genevieve | HGTV's Top 10 |
| | 65 | TLN | 700 | 800 | Padrino! | Series A | George Lopez | George Lopez | Raymond | The Sopranos (SS) | | Padrino! |
| | 92 | APTN | 269 | 590 | Fish Out of | Mixed Blessing | Cashing In | Rabbit Fall | First Nation | Moose TV | Caution: Nuts | Moccasin Flats |
| | 93 | VISION | 261 | 394 | Quantum Leap | Unscripted | I Prophecy | Pottergeist: The Legacy | MTV Live | After | Philadelphia *** (1993, Drama) | Daddy's Girls |
| | 100 | MTV | 581 | 566 | MTV Cribs | Daddy's Girls | Daddy's Girls | MTV Cribs | MTV Live | After | 16 and Pregnant | Daddy's Girls |
| | 101 | MM | 570 | 580 | Starmaker | MuchNews | My Date With... | Revue | Question Period | Psychic Inv. | Encounters | Judging Amy |
| | 102 | CPAC | 512 | 396 | (6:30) Primetime Politics | | Da Vinci's Inquest | | Le 24 heures | Le 24 heures | Le 24 heures | Le 24 heures |
| | 106 | RDI | 126 | 730 | Le Téléjournal (SC) | | Le 24 heures | Le National | Psychic Inv. | Encounters | Judging Amy | Missing |
| | 161 | SUPER | | | The Bank Job *** (2008, Crime Drama) | | Deception * (2008, Suspense) | Hugh Jackman. | | | | The Broken |



Live at the Rehearsal Hall

Singer-songwriter k.d. lang takes the stage in this episode performing songs from her album "Watershed." Released in February 2008, it's her first collection of original material since "Invisible Summer" in 2000. 6 PM on BRAVO

Being Erica

Of all the regrets that Erica has about her life to date, the biggest one has to do with the death of Leo, her brother. This trip back in time leads her to learn the hard way that trying to change the past has huge consequences for the future in "Leo." 9 PM on CBXT

Robbie the reality hound

Singer Robbie Williams is such a huge fan of reality TV, he'd like to become a part of it. "I really like I'm A Celebrity... Get Me Out Of Here! It'd be fun to go on," he said, according to the Sun, and added he'd like to visit the Real Housewives set to see how it's made. **METRO NEWS SERVICES**

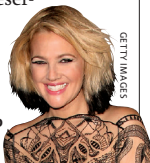


Celebrity Buzz

Drew and Justin back on again

REUNION Drew Barrymore and Justin Long appear to be back on once again. Before Barrymore hit the Toronto International Film Festival, the pair was spotted at Brick Lane Curry House in New York City, where they arrived without a reservation and went unnoticed, a source tells People.

METRO WORLD NEWS



Kanye's sorry for knocking Taylor at VMAs

EATING HIS WORDS After Sunday's MTV Video Music Awards — during which Kanye West brazenly interrupted Taylor Swift's Best Female Video acceptance speech to say that Beyoncé deserved to win — Swift spoke to reporters about the incident, us-magazine.com reports.

"I was really excited because I had just won the award," the 19-year-old singer began. "And then I was really excited because Kanye West was on stage.

And then I wasn't so excited anymore after that."

After the bizarre incident, she said celebs reached out to her backstage. (Some even tweeted; Pink, for instance, wrote: "Kanye west is the biggest piece of s— on earth. Quote me.")

"I've been getting so many text messages and every-

body's been really nice," Swift said. "So I've had a really, really fun night ... It's definitely been an interesting night."

She said she doesn't have any ill will toward the rapper, 32, of whom she said she is a fan.

"I don't know him, and I've never met him, so..." she said. "I don't want to start anything."

She also thanked Beyoncé (who won Video of the Year), who invited her on stage to give an acceptance speech.

"They told me to stand by the side of the stage, and I didn't really know what was going to go

down," she said. "But I thought it was so wonderful and gracious of her to do what she's always done."

West was quick to blog an apology for ruining Taylor Swift's speech.

"I'm sooooo sorry to Taylor Swift and her fans and her mom," West wrote after the ceremony. "I spoke to her mother right after and she said the same thing my mother would've said. She is very talented."

METRO WORLD NEWS

Elton's potential adoption hits red tape

WILL HE PULL A MADONNA? Singer Elton John and his longtime partner David Furnish won't be able to go home with the Ukrainian orphan they want to adopt, a Ukrainian family minister said Monday — citing a national law that prohibits unmarried couples from adopting, the Associated Press reports.

John and Furnish, who have

been in a civil partnership since 2005, met the 14-



month-old Lev while touring an orphanage where many of the children's parents have died from AIDS, people.com reports.

"I would love to adopt him," John, 62, said over the weekend. "I don't know how we do that but he has stolen my heart."

Ukrainian laws are very strict when it comes to adoption.

The laws ban same-sex couples from adopting, and parents cannot be more than 45 years older than the child.

According to the country's law, should Ukrainian President Viktor Yushchenko grant John and Furnish a presidential dispensation, the pair would also have to adopt Lev's brother, who is also in care.

METRO NEWS SERVICES

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Mischa on a short leash

THE SPOTLIGHT Since her hospitalization over the summer, producers on The Beautiful Life have been keeping an eye on Mischa Barton, and she isn't enjoying the extra attention. "All I can do is smoke cigarettes," Barton com-

plained to a co-worker, according to Page Six.

Barton had planned to "party responsibly" over the weekend with co-stars and friends, including the show's producers, Ashton Kutcher and Demi Moore.

METRO NEWS SERVICES



ScarJo dumps comics

THE COMIC BOOK GUY'S DREAM Scarlett Johansson is planning a superhero clear-out of her house, femalefirst.co.uk.

The actress plays Russian spy Black Widow in the upcoming Iron Man 2, while her husband Ryan Reynolds starred as villain Deadpool in the X-Men franchise. Between the two, Johansson admits their house is cluttered with comics.

She said: "There is a lot of superhero stuff going on

for us at the moment ... It's fun to get into that whole world together even if there is quite a stack of comic books taking up space!"

Still, the 24-year-old blonde star is keen to reprise her Marvel role.

She recently said: "The Black Widow has many different incarnations and different storylines so I'm hoping she will be able to continue in that way."

METRO NEWS SERVICES

No more Mr. Nice Director

SOURPUSS Guy Ritchie will never make a "nice" movie, femalefirst.co.uk reports. The Sherlock Holmes director likes his films to have action and conflict, so he'll never play it safe.

He said: "A nice

theme about something nice with people being nice towards one another is just f—ing boring ... There's no conflict, and movies thrive on conflict and contrast."

METRO NEWS SERVICES



BIG COMEDY BIG LAUGHS

YJ BIG FUN WEEKNIGHTS

MON-THURS 8PM E/P

EVERYBODY HATES CHRIS

8:30PM E/P

8 SIMPLE RULES

FOR DATING MY TEENAGE DAUGHTER

9PM E/P

WHAT I LIKE ABOUT YOU

9:30PM E/P

MALCOLM IN THE MIDDLE

8PM E/P

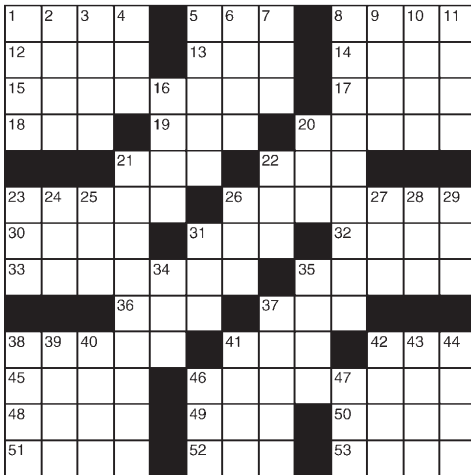


Today
Sunny.
27°C / 8°C

Wednesday
Sunny.
29°C / 9°C

Thursday
Mostly sunny.
28°C / 12°C

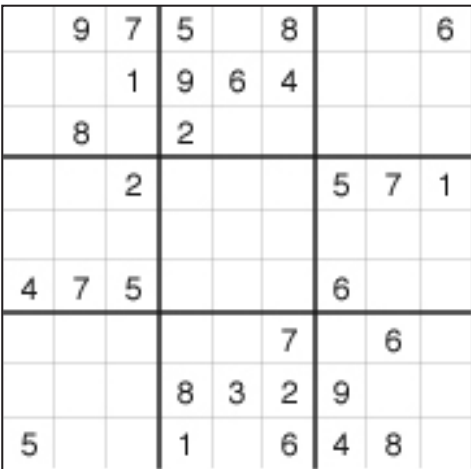
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

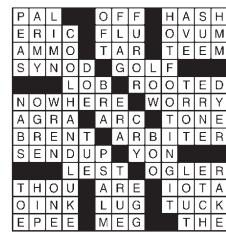
1 Sail support
5 Suitcase
8 Cooling devices
12 Reverberate
13 Lawyers' org.
14 Out of the storm
15 Time-saver
17 Ski-lift type
18 Nay opposite
19 Deteriorate
20 Muffler
21 Container for cookies
22 8-Across'
23 Pocattello's state
26 Frustrates
30 Ms. Moore
31 Egg — yung
32 Ark builder
33 Con
35 Act segment
36 April follower
37 Adversary
38 Curtain material
41 Hawaiian garland
42 TV watchdog

DOWN

org.
45 Press
46 Whopper
48 Foolish one
49 Lennon's lady
50 Microwave, e.g.
51 Lambs' mothers
52 Sawbuck
53 Warp crosser
1 Arizona city
2 Sore
3 Oxford, for one
4 Rocky peak
5 Pancetta, e.g.
6 Touch
7 Gangster's gun
8 "Yeah, that'll happen!"
9 Actress Jessica
10 Approach
11 Helot
16 Small combo
20 Witnessed
21 One kind of Girl Scout cookies
22 Pi follower
23 Cards at the

door
24 Morning moisture
25 Parisian pal
26 Placekicker's pride
27 Canape topping
28 Hosiery shade
29 That woman
31 Aviate
34 River blocker
35 Earth
37 Criminal
38 Faction
39 Boast
40 Portrayal
41 Diane or Nathan
42 Most popular, briefly
43 Staff leader?
44 Minimal change
46 Young one
47 AAA job

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

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Metro Recipe of the Day



French-Style Chicken in Wine

INGREDIENTS:

12 shallots or pear onions
1-1/2 tbsp (20 ml) garlic-flavoured olive oil
2 oz (60 g) back bacon, cut into thin strips
12 cremini or white mushrooms
4 chicken pieces, such as breast halves
Several sprigs parsley, stems bruised
Several sprigs fresh thyme
1 bay leaf
2/3 cup (150 ml) chicken stock
1-1/2 cups (375 ml) full-bodied red wine, such as shiraz
2 carrots, cut into chunks
Pinch sugar
1 tbsp (15 ml) cornstarch
Salt and fresh-ground black pepper
Chopped parsley

METHOD:

1. Put shallots or onions in heatproof bowl and pour over enough boiling water to cover. Leave 30 seconds, then drain. When cool enough to handle, peel and set aside.
2. Heat 1 tbsp (15 ml) oil in Dutch oven over medium heat. Add bacon and sauté, stirring often, until crisp, 3 minutes. Remove bacon with slotted spoon and set aside.
3. Add shallots to Dutch oven and sauté until brown all over, 5 to 8 minutes. Remove with slotted spoon and set aside.
4. Add mushrooms to Dutch oven, with remaining 1/2 tbsp (7 ml) oil, if needed, and sauté

until golden, 3 to 4 minutes.
5. Return half of bacon and shallots to Dutch oven. Place chicken pieces on top and sprinkle with remaining bacon and shallots. Tie herbs into bouquet garni and add to Dutch oven with stock and wine. Season generously with pepper.
6. Bring to boil, then reduce heat to very low, cover, and simmer 15 minutes. Add carrots and continue simmering over low heat until chicken is cooked tender and juices run clear when pierced, and carrots are fork-tender.
7. Remove chicken and arrange on warm serving platter. Strain liquid into pot. Add bacon, mushrooms, shallots, and carrots to chicken and keep warm.
8. Put bouquet garni back in strained liquid, add sugar and bring to boil. Boil until sauce is reduced to about 1-1/2 cups (375 ml). Meanwhile, mix cornstarch with a little water until smooth paste forms. Stir into sauce and simmer until thicker. Adjust seasoning to taste and discard bouquet garni. Spoon sauce over chicken and vegetables and sprinkle with parsley.

SERVES 4



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

The more you fret about where your next dollar is coming from the more likely it is you won't get it. So think positively today.

LIBRA SEPT 23-OCT 23

Some things make sense and some things do not and you just have to accept that. You may not like what's going on, but what choice do you have?

TAURUS APRIL 21-MAY 21

At last you are in a position to voice your concerns to partners and loved ones. Put your point of view across, then listen carefully to their reply.

SCORPIO OCT 24-NOV 22

You know what you want and you have no doubt you'll get it before the end of the day. Others will realize it's not worth taking you on.

GEMINI MAY 22-JUNE 21

You've wasted too much time and energy on things that don't matter. Now you must cut out everything that is not central to your life's aims.

SAGITTARIUS NOV 23-DEC 21

Saturn in the career area of your chart means it is time to get serious about your ambitions. You deserve the best, but it won't just drop into your lap.

CANCER JUNE 22-JULY 22

The cosmic setup shows you're at a crossroads in your life. Fortunately, you know exactly what you want and exactly how you are going to get it.

CAPRICORN DEC 22-JAN 20

You'll have to deal with people whose ideas are very different from yours, but you can still get along. Try to understand where they're coming from.

LEO JULY 23-AUG 23

No matter what you're going through, a bit of logical thinking will surely convince you it's no big deal. In fact, by week's end it will have been forgotten.

AQUARIUS JAN 21-FEB 18

You must make sure you project the right image, especially to people in authority. If you want to move up in the world you'll need powerful friends.

VIRGO AUG 24-SEPT 22

You won't lack for opinions today, and that's good, but make sure everything you say is based on fact, not hearsay or wishful thinking.

PISCES FEB 19-MARCH 20

Your task today is to let certain people know that you intend to break free of the restrictions they've imposed on you — but don't be nasty about it.

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- "Chicago" actor Richard's wharves (1)
 - Loathe an octet's number (1)
 - Above a gadabout or nomad (2)
 - In cop-speak, offender's belches (1)
 - Ponzi schemer Madoff's wheeled cots (2)
 - Versatile (&, or #) (2)
 - Nun's foot ailments (2)
- ANSWERS: 1. GERSH PERS 2. HATE EIGHT 3. OVER ROVER 4. PERPS BURPS 5. BERNIES GUNNERS 6. NIMBLE SAMOEL 7. SISTERS BLISTERS

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\$899

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(including service charges): \$313

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Sept. 20 & 27 • 1 wk.

\$629

Taxes & other fees
(including service charges): \$212

Meliá Las Dunas • 4 ★

All-Inclusive • Standard rm.

Sept. 20 & 27 • 1 wk.

\$659

Taxes & other fees
(including service charges): \$212

Los Cabos via Calgary

Barceló Los Cabos

Palace Deluxe • 5 ★

All-Inclusive • Junior suite

Jan. 9-30 • 1 wk.

\$1149

Taxes & other fees
(including service charges): \$268

Honolulu via Calgary

Aston Waikiki Circle • 3 ★

Hotel rm. ocean view

Dec. 6 • 1 wk.

\$1049

Taxes & other fees
(including service charges): \$140

Las Vegas

Flamingo

Las Vegas • 3 1/2 ★

Deluxe rm.

Oct. 18 • 4 nts.

\$499

Taxes & other fees
(including service charges): \$180

Puerto Vallarta via Calgary

Canto del Sol

Plaza Vallarta • 3 1/2 ★

All-Inclusive • Standard rm.

Nov. 7-Dec. 5 • 1 wk.

\$799

Taxes & other fees
(including service charges): \$267

Maui via Calgary or Vancouver

Outrigger Aina

Nalu Resort • 3 ★

Aloha-Garden view rm.

Dec. 5 • 1 wk.

\$1299

Taxes & other fees
(including service charges): \$140

DEAL to EUROPE

London

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(including service charges): \$473

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